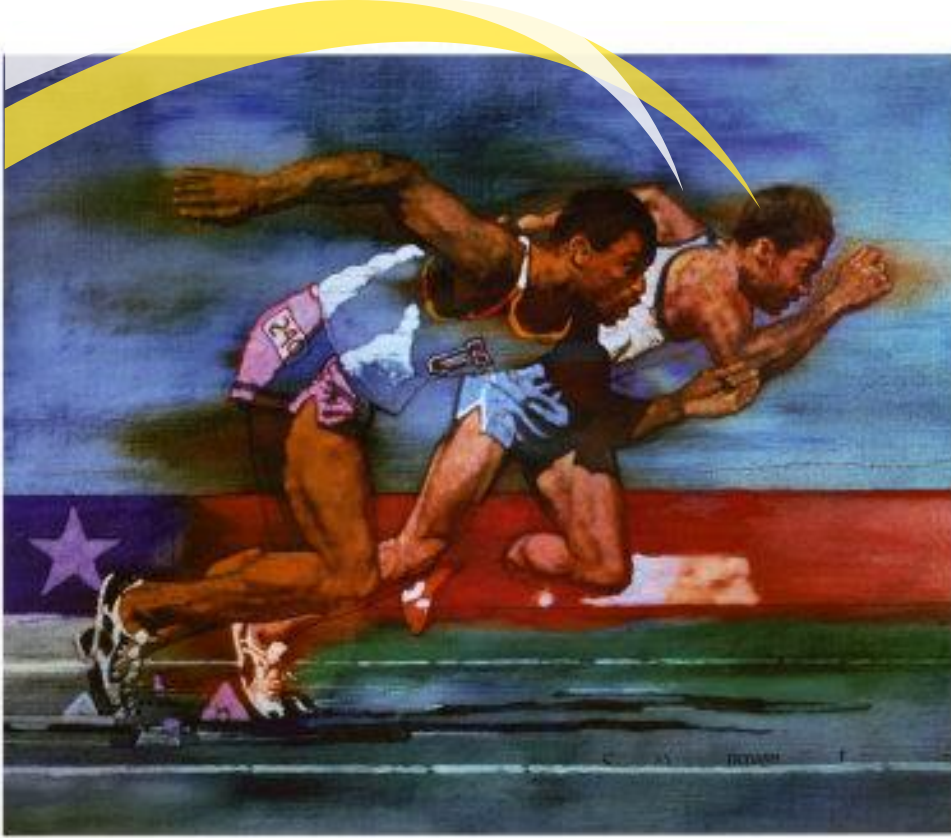


THS TRACK AND FIELD

INVITES YOU TO



AT THE NEW ZAMPERINI FIELD

2125 Lincoln St.
Torrance, CA 90502

DIRECTIONS TO FIELD:

Traveling north or south on 405 Freeway: Take Crenshaw off-ramp south to Carson Street. Turn left and continue to Plaza del Amo (1st signal). Turn right on Plaza Del Amo and continue past the back of the school to Arlington Street. Turn right on Arlington, go to the first street past the railroad tracks (Lincoln St.) and turn right on to Lincoln. Proceed on Lincoln to the athletic field, which is across from Torrance Elementary School.

WWW.THSTF.COM

Frosh/Soph Relays

APRIL 17, 2010

START TIME

10am both track and field events

ENTRY FEE

\$175/school – due Friday April 10, 2010

EVENTS

4x1600 m
100/110 m Hurdles Girls/Boys
4x100 m
Open 800 m
100 m
300 m Hurdles Girls/Boys
4x200 m
4x400 m
Pole Vault
Long Jump
High Jump
Shot Put
Triple Jump
Discus

AWARDS

Medals will be awarded to top three in each event, per division. Medals will be awarded at end of each event.

Mail or fax Entries to
THS Track and Field
Attention Coach Kyle Irvine
2200 W. Carson St.
Torrance, CA 90502

310.326.7128
310.283.1878
FAX 310-326-8941

coach@thstf.com

ORDER OF EVENTS: TARTARS FROSH / SOPH RELAYS

10:00 AM	4X100 - BOYS
10:05 AM	4X100 - GIRLS
10:15 AM	4X1600 - BOYS
10:45AM	4X1600 - GIRLS
11:15 AM	110 HH - BOYS
11:30 AM	100HH - GIRLS
11:45 AM	100M – BOYS
12:00 PM	100M - GIRLS
12:15 PM	800M – BOYS
12:30 PM	800M – GIRLS
12:45 PM	300LH – GIRLS
1:00 PM	300LH – BOYS
1:15 PM	4X200 – BOYS
1:30 PM	4X200 – GIRLS
1:45 PM	DMR – BOYS
2:00 PM	DMR – GIRLS
2:30 PM	4X400 – GIRLS
2:45 PM	4X400 - BOYS

FIELD EVENTS:

10: 00 AM	BOYS – S.P. GIRLS - DISC BOYS – L.J. GIRLS – L.J. BOYS – H.J. GIRLS – P.V.
11: 30 AM	GIRLS – S.P. BOYS - DISC GIRLS – T.J. BOYS – T.J. GIRLS – H.J. BOYS – P.V.

TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE